

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Geelen Sofie HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

| Event number: 29: 200M MEDLEY MIXED 10-9         |           |           |                        |           |           |             | Heat:1, starttime: 14:00 |           |
|--------------------------------------------------|-----------|-----------|------------------------|-----------|-----------|-------------|--------------------------|-----------|
| Heat: 1/1    Lane : 7    Athlete: SALAETS ELOÏSE |           |           |                        |           |           |             | Q-time: 99:99:99         |           |
| PB (25m pool): no time                           |           |           | PB (50m pool): no time |           |           | SB: no time |                          |           |
|                                                  | 2 5 M     | 5 0 M     | 7 5 M                  | 1 0 0     | 1 2 5     | 1 5 0       | 1 7 5                    | 2 0 0 M   |
| PB                                               |           | no time   |                        | no time   |           | no time     |                          | no time   |
|                                                  | no time   |           |                        |           |           |             |                          |           |
|                                                  | . . . . . | . . . . . | . . . . .              | . . . . . | . . . . . | . . . . .   | . . . . .                | . . . . . |

Coach feedback:

| Event number: 30: 100M MEDLEY MIXED 10-9              |           |  |           |  |                                                               |  |           |  |  | Heat:2, starttime: 14:08 |  |
|-------------------------------------------------------|-----------|--|-----------|--|---------------------------------------------------------------|--|-----------|--|--|--------------------------|--|
| Heat: 2/3    Lane : 2    Athlete: WINNEPENNINCKX MILA |           |  |           |  |                                                               |  |           |  |  | Q-time: 02:00:57         |  |
| PB (25m pool): 02:00.57    Aarschot 29/03/2026        |           |  |           |  | PB (50m pool): no time    SB: 02:00.57    Aarschot 29/03/2026 |  |           |  |  |                          |  |
|                                                       | 2 5 M     |  | 5 0 M     |  | 7 5 M                                                         |  | 1 0 0 M   |  |  |                          |  |
| PB                                                    |           |  | no time   |  |                                                               |  | 02:00.57  |  |  |                          |  |
|                                                       | no time   |  |           |  |                                                               |  |           |  |  |                          |  |
|                                                       | . . . . . |  | . . . . . |  | . . . . .                                                     |  | . . . . . |  |  |                          |  |

Coach feedback:

| Event number: 31: 100M MEDLEY WOMEN 11+         |           |           |           |                                                             |  |  | Heat:2, starttime: 14:16 |  |
|-------------------------------------------------|-----------|-----------|-----------|-------------------------------------------------------------|--|--|--------------------------|--|
| Heat: 2/8    Lane : 1    Athlete: WAUTERS LENIA |           |           |           |                                                             |  |  | Q-time: 01:53:00         |  |
| PB (25m pool): 01:53.00    Tienen 26/10/2025    |           |           |           | PB (50m pool): no time    SB: 01:53.00    Tienen 26/10/2025 |  |  |                          |  |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M                                                     |  |  |                          |  |
| PB                                              |           | no time   |           | 01:53.00                                                    |  |  |                          |  |
|                                                 | no time   |           |           |                                                             |  |  |                          |  |
|                                                 | . . . . . | . . . . . | . . . . . | . . . . .                                                   |  |  |                          |  |

Coach feedback:

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| Event number: 31: 100M MEDLEY WOMEN 11+     |         |         |       |          | Heat:2, starttime: 14:16                                |
|---------------------------------------------|---------|---------|-------|----------|---------------------------------------------------------|
| Heat: 2/8 Lane : 2 Athlete: DEGREEF EMELIE  |         |         |       |          | Q-time: 01:49:09                                        |
| PB (25m pool): 01:49.09 Aarschot 29/03/2026 |         |         |       |          | PB (50m pool): no time SB: 01:49.09 Aarschot 29/03/2026 |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                         |
| PB                                          |         | no time |       | 01:49.09 |                                                         |
|                                             | no time |         |       |          |                                                         |
|                                             | .....   | .....   | ..... | .....    |                                                         |

Coach feedback:

| Event number: 31: 100M MEDLEY WOMEN 11+      |         |         |       |          | Heat:2, starttime: 14:16                                |
|----------------------------------------------|---------|---------|-------|----------|---------------------------------------------------------|
| Heat: 2/8 Lane : 3 Athlete: FLEERACKERS MIRA |         |         |       |          | Q-time: 01:44:69                                        |
| PB (25m pool): 01:44.69 Aarschot 29/03/2026  |         |         |       |          | PB (50m pool): no time SB: 01:44.69 Aarschot 29/03/2026 |
|                                              | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                         |
| PB                                           |         | no time |       | 01:44.69 |                                                         |
|                                              | no time |         |       |          |                                                         |
|                                              | .....   | .....   | ..... | .....    |                                                         |

Coach feedback:

| Event number: 31: 100M MEDLEY WOMEN 11+        |         |         |       |          | Heat:2, starttime: 14:16                                |
|------------------------------------------------|---------|---------|-------|----------|---------------------------------------------------------|
| Heat: 2/8 Lane : 4 Athlete: VERHEYEN CHARLOTTE |         |         |       |          | Q-time: 01:42:29                                        |
| PB (25m pool): 01:42.29 Aarschot 29/03/2026    |         |         |       |          | PB (50m pool): no time SB: 01:42.29 Aarschot 29/03/2026 |
|                                                | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                         |
| PB                                             |         | no time |       | 01:42.29 |                                                         |
|                                                | no time |         |       |          |                                                         |
|                                                | .....   | .....   | ..... | .....    |                                                         |

Coach feedback:

| Event number: 31: 100M MEDLEY WOMEN 11+     |         |         |       |          | Heat:2, starttime: 14:16                                |
|---------------------------------------------|---------|---------|-------|----------|---------------------------------------------------------|
| Heat: 2/8 Lane : 5 Athlete: PUT JULIE       |         |         |       |          | Q-time: 01:42:50                                        |
| PB (25m pool): 01:42.50 Aarschot 29/03/2026 |         |         |       |          | PB (50m pool): no time SB: 01:42.50 Aarschot 29/03/2026 |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                         |
| PB                                          |         | no time |       | 01:42.50 |                                                         |
|                                             | no time |         |       |          |                                                         |
|                                             | .....   | .....   | ..... | .....    |                                                         |

Coach feedback:

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| Event number: 31: 100M MEDLEY WOMEN 11+     |         |         |       |          | Heat:2, starttime: 14:16                                |
|---------------------------------------------|---------|---------|-------|----------|---------------------------------------------------------|
| Heat: 2/8 Lane : 7 Athlete: ELSSEN FIEN     |         |         |       |          | Q-time: 01:50:15                                        |
| PB (25m pool): 01:50.15 Aarschot 29/03/2026 |         |         |       |          | PB (50m pool): no time SB: 01:50.15 Aarschot 29/03/2026 |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                         |
| PB                                          |         | no time |       | 01:50.15 |                                                         |
|                                             | no time |         |       |          |                                                         |
|                                             | .....   | .....   | ..... | .....    |                                                         |

Coach feedback:

| Event number: 31: 100M MEDLEY WOMEN 11+   |         |         |       |          | Heat:2, starttime: 14:16                              |
|-------------------------------------------|---------|---------|-------|----------|-------------------------------------------------------|
| Heat: 2/8 Lane : 8 Athlete: LUYTEN ISOLDE |         |         |       |          | Q-time: 01:54:26                                      |
| PB (25m pool): 01:54.26 Tienen 26/10/2025 |         |         |       |          | PB (50m pool): no time SB: 01:54.26 Tienen 26/10/2025 |
|                                           | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                       |
| PB                                        |         | no time |       | 01:54.26 |                                                       |
|                                           | no time |         |       |          |                                                       |
|                                           | .....   | .....   | ..... | .....    |                                                       |

Coach feedback:

| Event number: 31: 100M MEDLEY WOMEN 11+       |         |         |       |          | Heat:4, starttime: 14:20                                |
|-----------------------------------------------|---------|---------|-------|----------|---------------------------------------------------------|
| Heat: 4/8 Lane : 3 Athlete: FEYAERTS SAVANNAH |         |         |       |          | Q-time: 01:26:00                                        |
| PB (25m pool): 01:26.00 Aarschot 29/03/2026   |         |         |       |          | PB (50m pool): no time SB: 01:26.00 Aarschot 29/03/2026 |
|                                               | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                         |
| PB                                            |         | no time |       | 01:26.00 |                                                         |
|                                               | no time |         |       |          |                                                         |
|                                               | .....   | .....   | ..... | .....    |                                                         |

Coach feedback:

| Event number: 31: 100M MEDLEY WOMEN 11+   |                   |          |       |          | Heat:4, starttime: 14:20                              |
|-------------------------------------------|-------------------|----------|-------|----------|-------------------------------------------------------|
| Heat: 4/8 Lane : 8 Athlete: WILLEN LUNA   |                   |          |       |          | Q-time: 01:33:35                                      |
| PB (25m pool): 01:33.35 LEUVEN 21/12/2025 |                   |          |       |          | PB (50m pool): no time SB: 01:33.35 LEUVEN 21/12/2025 |
|                                           | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                                                       |
| PB                                        |                   | 00:44.19 |       | 01:33.35 |                                                       |
|                                           | 00:44.19 00:49.16 |          |       |          |                                                       |
|                                           | .....             | .....    | ..... | .....    |                                                       |

Coach feedback:

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| Event number: 31: 100M MEDLEY WOMEN 11+     |         |         |                                                         |          | Heat:5, starttime: 14:22 |
|---------------------------------------------|---------|---------|---------------------------------------------------------|----------|--------------------------|
| Heat: 5/8 Lane : 3 Athlete: LEMBRECHTS SIEN |         |         |                                                         |          | Q-time: 01:21:52         |
| PB (25m pool): 01:21.52 Aarschot 29/03/2026 |         |         | PB (50m pool): no time SB: 01:21.52 Aarschot 29/03/2026 |          |                          |
|                                             | 2 5 M   | 5 0 M   | 7 5 M                                                   | 1 0 0 M  |                          |
| PB                                          |         | no time |                                                         | 01:21.52 |                          |
|                                             | no time |         |                                                         |          |                          |
|                                             | .....   | .....   | .....                                                   | .....    |                          |

Coach feedback:

| Event number: 31: 100M MEDLEY WOMEN 11+     |         |         |                                                         |          | Heat:5, starttime: 14:22 |
|---------------------------------------------|---------|---------|---------------------------------------------------------|----------|--------------------------|
| Heat: 5/8 Lane : 5 Athlete: DE CAT DO       |         |         |                                                         |          | Q-time: 01:21:13         |
| PB (25m pool): 01:21.13 Aarschot 04/05/2025 |         |         | PB (50m pool): no time SB: 01:21.26 Aarschot 29/03/2026 |          |                          |
|                                             | 2 5 M   | 5 0 M   | 7 5 M                                                   | 1 0 0 M  |                          |
| PB                                          |         | no time |                                                         | 01:21.13 |                          |
|                                             | no time |         |                                                         |          |                          |
|                                             | .....   | .....   | .....                                                   | .....    |                          |

Coach feedback:

| Event number: 31: 100M MEDLEY WOMEN 11+     |         |         |                                                         |          | Heat:5, starttime: 14:22 |
|---------------------------------------------|---------|---------|---------------------------------------------------------|----------|--------------------------|
| Heat: 5/8 Lane : 8 Athlete: MEURRENS LINA   |         |         |                                                         |          | Q-time: 01:25:17         |
| PB (25m pool): 01:25.17 Aarschot 29/03/2026 |         |         | PB (50m pool): no time SB: 01:25.17 Aarschot 29/03/2026 |          |                          |
|                                             | 2 5 M   | 5 0 M   | 7 5 M                                                   | 1 0 0 M  |                          |
| PB                                          |         | no time |                                                         | 01:25.17 |                          |
|                                             | no time |         |                                                         |          |                          |
|                                             | .....   | .....   | .....                                                   | .....    |                          |

Coach feedback:

| Event number: 31: 100M MEDLEY WOMEN 11+     |         |         |                                                       |          | Heat:6, starttime: 14:24 |
|---------------------------------------------|---------|---------|-------------------------------------------------------|----------|--------------------------|
| Heat: 6/8 Lane : 2 Athlete: VEREYCKEN ELISE |         |         |                                                       |          | Q-time: 01:20:14         |
| PB (25m pool): 01:18.14 Tienen 26/10/2025   |         |         | PB (50m pool): no time SB: 01:18.14 Tienen 26/10/2025 |          |                          |
|                                             | 2 5 M   | 5 0 M   | 7 5 M                                                 | 1 0 0 M  |                          |
| PB                                          |         | no time |                                                       | 01:18.14 |                          |
|                                             | no time |         |                                                       |          |                          |
|                                             | .....   | .....   | .....                                                 | .....    |                          |

Coach feedback:

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| Event number: 31: 100M MEDLEY WOMEN 11+                                                                           |         |         |       |          | Heat:6, starttime: 14:24 |
|-------------------------------------------------------------------------------------------------------------------|---------|---------|-------|----------|--------------------------|
| Heat: 6/8 Lane : 6 Athlete: VANCAUWENBERGH CHARIS                                                                 |         |         |       |          | Q-time: 01:20:12         |
| PB (25m pool): 01:14.20 Stedelijk Zwembad Geel 17/02/2019 PB (50m pool): no time SB: 01:20.12 Aarschot 29/03/2026 |         |         |       |          |                          |
|                                                                                                                   | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                          |
| PB                                                                                                                |         | no time |       | 01:14.20 |                          |
|                                                                                                                   | no time |         |       |          |                          |
|                                                                                                                   | .....   | .....   | ..... | .....    |                          |

Coach feedback:

| Event number: 31: 100M MEDLEY WOMEN 11+                                                         |                   |          |       |          | Heat:7, starttime: 14:26 |
|-------------------------------------------------------------------------------------------------|-------------------|----------|-------|----------|--------------------------|
| Heat: 7/8 Lane : 2 Athlete: DEVUE ROSALIE                                                       |                   |          |       |          | Q-time: 01:16:29         |
| PB (25m pool): 01:16.29 LEUVEN 21/12/2025 PB (50m pool): no time SB: 01:16.29 LEUVEN 21/12/2025 |                   |          |       |          |                          |
|                                                                                                 | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                          |
| PB                                                                                              |                   | 00:35.54 |       | 01:16.29 |                          |
|                                                                                                 | 00:35.54 00:40.75 |          |       |          |                          |
|                                                                                                 | .....             | .....    | ..... | .....    |                          |

Coach feedback:

| Event number: 31: 100M MEDLEY WOMEN 11+                                                                               |         |         |       |          | Heat:7, starttime: 14:26 |
|-----------------------------------------------------------------------------------------------------------------------|---------|---------|-------|----------|--------------------------|
| Heat: 7/8 Lane : 5 Athlete: BRUGMAN SERENA                                                                            |         |         |       |          | Q-time: 01:14:05         |
| PB (25m pool): 01:14.05 Heist-op-den-Berg 10/01/2026 PB (50m pool): no time SB: 01:14.05 Heist-op-den-Berg 10/01/2026 |         |         |       |          |                          |
|                                                                                                                       | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                          |
| PB                                                                                                                    |         | no time |       | 01:14.05 |                          |
|                                                                                                                       | no time |         |       |          |                          |
|                                                                                                                       | .....   | .....   | ..... | .....    |                          |

Coach feedback:

| Event number: 31: 100M MEDLEY WOMEN 11+                                                         |         |         |       |          | Heat:7, starttime: 14:26 |
|-------------------------------------------------------------------------------------------------|---------|---------|-------|----------|--------------------------|
| Heat: 7/8 Lane : 8 Athlete: SILVERANS MILA                                                      |         |         |       |          | Q-time: 01:17:84         |
| PB (25m pool): 01:17.84 Tienen 26/10/2025 PB (50m pool): no time SB: 01:17.84 Tienen 26/10/2025 |         |         |       |          |                          |
|                                                                                                 | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                          |
| PB                                                                                              |         | no time |       | 01:17.84 |                          |
|                                                                                                 | no time |         |       |          |                          |
|                                                                                                 | .....   | .....   | ..... | .....    |                          |

Coach feedback:

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| Event number: 31: 100M MEDLEY WOMEN 11+                                        |         |         |       |          | Heat:8, starttime: 14:28 |
|--------------------------------------------------------------------------------|---------|---------|-------|----------|--------------------------|
| Heat: 8/8 Lane : 8 Athlete: VERVLOESSEM SISKI                                  |         |         |       |          | Q-time: 01:12:15         |
| PB (25m pool): 01:12.15 Aarschot 16/03/2025 PB (50m pool): no time SB: no time |         |         |       |          |                          |
|                                                                                | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                          |
| PB                                                                             |         | no time |       | 01:12.15 |                          |
|                                                                                | no time |         |       |          |                          |
|                                                                                | .....   | .....   | ..... | .....    |                          |

Coach feedback:

| Event number: 32: 100M MEDLEY MEN 11+                                          |         |         |       |          | Heat:1, starttime: 14:30 |
|--------------------------------------------------------------------------------|---------|---------|-------|----------|--------------------------|
| Heat: 1/6 Lane : 1 Athlete: DELEN KOBE                                         |         |         |       |          | Q-time: 99:99:99         |
| PB (25m pool): 01:07.48 Aarschot 28/04/2024 PB (50m pool): no time SB: no time |         |         |       |          |                          |
|                                                                                | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                          |
| PB                                                                             |         | no time |       | 01:07.48 |                          |
|                                                                                | no time |         |       |          |                          |
|                                                                                | .....   | .....   | ..... | .....    |                          |

Coach feedback:

| Event number: 32: 100M MEDLEY MEN 11+                                                           |         |         |       |          | Heat:1, starttime: 14:30 |
|-------------------------------------------------------------------------------------------------|---------|---------|-------|----------|--------------------------|
| Heat: 1/6 Lane : 2 Athlete: WINNEPENINCKX FELIX                                                 |         |         |       |          | Q-time: 01:49:22         |
| PB (25m pool): 01:49.22 Tienen 26/10/2025 PB (50m pool): no time SB: 01:49.22 Tienen 26/10/2025 |         |         |       |          |                          |
|                                                                                                 | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                          |
| PB                                                                                              |         | no time |       | 01:49.22 |                          |
|                                                                                                 | no time |         |       |          |                          |
|                                                                                                 | .....   | .....   | ..... | .....    |                          |

Coach feedback:

| Event number: 32: 100M MEDLEY MEN 11+                                                               |         |         |       |          | Heat:1, starttime: 14:30 |
|-----------------------------------------------------------------------------------------------------|---------|---------|-------|----------|--------------------------|
| Heat: 1/6 Lane : 6 Athlete: LENDERS ESTEBAN                                                         |         |         |       |          | Q-time: 01:48:59         |
| PB (25m pool): 01:48.59 Aarschot 29/03/2026 PB (50m pool): no time SB: 01:48.59 Aarschot 29/03/2026 |         |         |       |          |                          |
|                                                                                                     | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                          |
| PB                                                                                                  |         | no time |       | 01:48.59 |                          |
|                                                                                                     | no time |         |       |          |                          |
|                                                                                                     | .....   | .....   | ..... | .....    |                          |

Coach feedback:

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| Event number: 32: 100M MEDLEY MEN 11+       |         |         |       |          | Heat:2, starttime: 14:32           |
|---------------------------------------------|---------|---------|-------|----------|------------------------------------|
| Heat: 2/6 Lane : 3 Athlete: LEMBRECHTS LARS |         |         |       |          | Q-time: 01:27:70                   |
| PB (25m pool): 01:27.70 Aarschot 04/05/2025 |         |         |       |          | PB (50m pool): no time SB: no time |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                    |
| PB                                          |         | no time |       | 01:27.70 |                                    |
|                                             | no time |         |       |          |                                    |
|                                             | .....   | .....   | ..... | .....    |                                    |

Coach feedback:

| Event number: 32: 100M MEDLEY MEN 11+       |         |         |       |          | Heat:2, starttime: 14:32                                |
|---------------------------------------------|---------|---------|-------|----------|---------------------------------------------------------|
| Heat: 2/6 Lane : 4 Athlete: LENDERS PABLO   |         |         |       |          | Q-time: 01:26:40                                        |
| PB (25m pool): 01:26.40 Aarschot 29/03/2026 |         |         |       |          | PB (50m pool): no time SB: 01:26.40 Aarschot 29/03/2026 |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                         |
| PB                                          |         | no time |       | 01:26.40 |                                                         |
|                                             | no time |         |       |          |                                                         |
|                                             | .....   | .....   | ..... | .....    |                                                         |

Coach feedback:

| Event number: 32: 100M MEDLEY MEN 11+       |         |         |       |          | Heat:3, starttime: 14:34                                |
|---------------------------------------------|---------|---------|-------|----------|---------------------------------------------------------|
| Heat: 3/6 Lane : 1 Athlete: KOLACNY TUUR    |         |         |       |          | Q-time: 01:25:75                                        |
| PB (25m pool): 01:25.75 Aarschot 29/03/2026 |         |         |       |          | PB (50m pool): no time SB: 01:25.75 Aarschot 29/03/2026 |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                         |
| PB                                          |         | no time |       | 01:25.75 |                                                         |
|                                             | no time |         |       |          |                                                         |
|                                             | .....   | .....   | ..... | .....    |                                                         |

Coach feedback:

| Event number: 32: 100M MEDLEY MEN 11+                |         |         |       |          | Heat:4, starttime: 14:36                                         |
|------------------------------------------------------|---------|---------|-------|----------|------------------------------------------------------------------|
| Heat: 4/6 Lane : 6 Athlete: GYPEN THOMAS             |         |         |       |          | Q-time: 01:13:88                                                 |
| PB (25m pool): 01:13.88 Heist-op-den-Berg 10/01/2026 |         |         |       |          | PB (50m pool): no time SB: 01:13.88 Heist-op-den-Berg 10/01/2026 |
|                                                      | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                                  |
| PB                                                   |         | no time |       | 01:13.88 |                                                                  |
|                                                      | no time |         |       |          |                                                                  |
|                                                      | .....   | .....   | ..... | .....    |                                                                  |

Coach feedback:

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| Event number: 32: 100M MEDLEY MEN 11+       |         |         |       |          | Heat:4, starttime: 14:36           |
|---------------------------------------------|---------|---------|-------|----------|------------------------------------|
| Heat: 4/6 Lane : 8 Athlete: DEVUE NICOLAS   |         |         |       |          | Q-time: 01:18:32                   |
| PB (25m pool): 01:18.32 Aarschot 16/03/2025 |         |         |       |          | PB (50m pool): no time SB: no time |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                    |
| PB                                          |         | no time |       | 01:18.32 |                                    |
|                                             | no time |         |       |          |                                    |
|                                             | .....   | .....   | ..... | .....    |                                    |

Coach feedback:

| Event number: 32: 100M MEDLEY MEN 11+       |         |         |       |          | Heat:5, starttime: 14:38                                |
|---------------------------------------------|---------|---------|-------|----------|---------------------------------------------------------|
| Heat: 5/6 Lane : 3 Athlete: VOET LARS       |         |         |       |          | Q-time: 01:07:40                                        |
| PB (25m pool): 01:07.40 Aarschot 29/03/2026 |         |         |       |          | PB (50m pool): no time SB: 01:07.40 Aarschot 29/03/2026 |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                         |
| PB                                          |         | no time |       | 01:07.40 |                                                         |
|                                             | no time |         |       |          |                                                         |
|                                             | .....   | .....   | ..... | .....    |                                                         |

Coach feedback:

| Event number: 32: 100M MEDLEY MEN 11+       |         |         |       |          | Heat:5, starttime: 14:38                                |
|---------------------------------------------|---------|---------|-------|----------|---------------------------------------------------------|
| Heat: 5/6 Lane : 5 Athlete: WILLEM ARTHUR   |         |         |       |          | Q-time: 01:07:40                                        |
| PB (25m pool): 01:07.40 Aarschot 29/03/2026 |         |         |       |          | PB (50m pool): no time SB: 01:07.40 Aarschot 29/03/2026 |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                         |
| PB                                          |         | no time |       | 01:07.40 |                                                         |
|                                             | no time |         |       |          |                                                         |
|                                             | .....   | .....   | ..... | .....    |                                                         |

Coach feedback:

| Event number: 32: 100M MEDLEY MEN 11+       |         |         |       |          | Heat:5, starttime: 14:38                                |
|---------------------------------------------|---------|---------|-------|----------|---------------------------------------------------------|
| Heat: 5/6 Lane : 7 Athlete: VETS WANNES     |         |         |       |          | Q-time: 01:10:20                                        |
| PB (25m pool): 01:10.20 Aarschot 04/05/2025 |         |         |       |          | PB (50m pool): no time SB: 01:10.97 Aarschot 29/03/2026 |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                         |
| PB                                          |         | no time |       | 01:10.20 |                                                         |
|                                             | no time |         |       |          |                                                         |
|                                             | .....   | .....   | ..... | .....    |                                                         |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 32: 100M MEDLEY MEN 11+        |         |         |       |          | Heat:5, starttime: 14:38                              |
|----------------------------------------------|---------|---------|-------|----------|-------------------------------------------------------|
| Heat: 5/6 Lane : 8 Athlete: VANHELMONT DANTE |         |         |       |          | Q-time: 01:10:70                                      |
| PB (25m pool): 01:10.70 Tienen 26/10/2025    |         |         |       |          | PB (50m pool): no time SB: 01:10.70 Tienen 26/10/2025 |
|                                              | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                       |
| PB                                           |         | no time |       | 01:10.70 |                                                       |
|                                              | no time |         |       |          |                                                       |
|                                              | .....   | .....   | ..... | .....    |                                                       |

Coach feedback:

| Event number: 32: 100M MEDLEY MEN 11+     |         |         |       |          | Heat:6, starttime: 14:40                            |
|-------------------------------------------|---------|---------|-------|----------|-----------------------------------------------------|
| Heat: 6/6 Lane : 3 Athlete: AUSLOOS JENS  |         |         |       |          | Q-time: 01:01:16                                    |
| PB (25m pool): 01:00.22 Leuven 13/11/2022 |         |         |       |          | PB (50m pool): no time SB: 01:01.99 Gent 09/11/2025 |
|                                           | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                     |
| PB                                        |         | no time |       | 01:00.22 |                                                     |
|                                           | no time |         |       |          |                                                     |
|                                           | .....   | .....   | ..... | .....    |                                                     |

Coach feedback:

| Event number: 33: 100M BREASTSTROKE MIXED 10-9 |          |          |          |          | Heat:2, starttime: 14:44                                 |
|------------------------------------------------|----------|----------|----------|----------|----------------------------------------------------------|
| Heat: 2/4 Lane : 6 Athlete: WINNEPENINCKX MILA |          |          |          |          | Q-time: 02:23:70                                         |
| PB (25m pool): 02:23.70 Vilvoorde 01/03/2026   |          |          |          |          | PB (50m pool): no time SB: 02:23.70 Vilvoorde 01/03/2026 |
|                                                | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                          |
| PB                                             |          | 01:07.63 |          | 02:23.70 |                                                          |
|                                                | 01:07.63 |          | 01:16.07 |          |                                                          |
|                                                | .....    | .....    | .....    | .....    |                                                          |

Coach feedback:

| Event number: 33: 100M BREASTSTROKE MIXED 10-9 |         |         |       |         | Heat:2, starttime: 14:44           |
|------------------------------------------------|---------|---------|-------|---------|------------------------------------|
| Heat: 2/4 Lane : 7 Athlete: VANHOUDT THIBAUT   |         |         |       |         | Q-time: 99:99:99                   |
| PB (25m pool): no time                         |         |         |       |         | PB (50m pool): no time SB: no time |
|                                                | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M |                                    |
| PB                                             |         | no time |       | no time |                                    |
|                                                | no time |         |       |         |                                    |
|                                                | .....   | .....   | ..... | .....   |                                    |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

|                                                |          |          |          |          |                                                          |
|------------------------------------------------|----------|----------|----------|----------|----------------------------------------------------------|
| Event number: 33: 100M BREASTSTROKE MIXED 10-9 |          |          |          |          | Heat:4, starttime: 14:50                                 |
| Heat: 4/4 Lane : 7 Athlete: SALAETS ELOÏSE     |          |          |          |          | Q-time: 01:48:30                                         |
| PB (25m pool): 01:48.30 Vilvoorde 01/03/2026   |          |          |          |          | PB (50m pool): no time SB: 01:48.30 Vilvoorde 01/03/2026 |
|                                                | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                          |
| PB                                             |          | 00:51.21 |          | 01:48.30 |                                                          |
|                                                | 00:51.21 |          | 00:57.09 |          |                                                          |
|                                                | .....    | .....    | .....    | .....    |                                                          |

Coach feedback:

|                                             |         |         |       |         |                                    |
|---------------------------------------------|---------|---------|-------|---------|------------------------------------|
| Event number: 34: 100M BACKSTROKE WOMEN 11+ |         |         |       |         | Heat:1, starttime: 14:54           |
| Heat: 1/7 Lane : 2 Athlete: ELSEN FIEN      |         |         |       |         | Q-time: 99:99:99                   |
| PB (25m pool): no time                      |         |         |       |         | PB (50m pool): no time SB: no time |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M |                                    |
| PB                                          |         | no time |       | no time |                                    |
|                                             | no time |         |       |         |                                    |
|                                             | .....   | .....   | ..... | .....   |                                    |

Coach feedback:

|                                             |          |          |          |          |                                    |
|---------------------------------------------|----------|----------|----------|----------|------------------------------------|
| Event number: 34: 100M BACKSTROKE WOMEN 11+ |          |          |          |          | Heat:1, starttime: 14:54           |
| Heat: 1/7 Lane : 3 Athlete: VEREYCKEN ELISE |          |          |          |          | Q-time: 99:99:99                   |
| PB (25m pool): 01:22.05 Zaventem 15/07/2025 |          |          |          |          | PB (50m pool): no time SB: no time |
|                                             | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                    |
| PB                                          |          | 00:40.20 |          | 01:22.05 |                                    |
|                                             | 00:40.20 |          | 00:41.85 |          |                                    |
|                                             | .....    | .....    | .....    | .....    |                                    |

Coach feedback:

|                                             |         |         |       |         |                                    |
|---------------------------------------------|---------|---------|-------|---------|------------------------------------|
| Event number: 34: 100M BACKSTROKE WOMEN 11+ |         |         |       |         | Heat:1, starttime: 14:54           |
| Heat: 1/7 Lane : 6 Athlete: WAUTERS LENIA   |         |         |       |         | Q-time: 99:99:99                   |
| PB (25m pool): no time                      |         |         |       |         | PB (50m pool): no time SB: no time |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M |                                    |
| PB                                          |         | no time |       | no time |                                    |
|                                             | no time |         |       |         |                                    |
|                                             | .....   | .....   | ..... | .....   |                                    |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 34: 100M BACKSTROKE WOMEN 11+ |         |         |       |         | Heat:2, starttime: 14:56            |
|---------------------------------------------|---------|---------|-------|---------|-------------------------------------|
| Heat: 2/7 Lane : 1 Athlete: LUYTEN ISOLDE   |         |         |       |         | Q-time: 01:57:41                    |
| PB (25m pool): no time                      |         |         |       |         | PB (50m pool): 01:57.41 SB: no time |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M |                                     |
| PB                                          |         | no time |       | no time |                                     |
|                                             | no time |         |       |         |                                     |
|                                             | .....   | .....   | ..... | .....   |                                     |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+ |                   |          |       |          | Heat:2, starttime: 14:56            |
|---------------------------------------------|-------------------|----------|-------|----------|-------------------------------------|
| Heat: 2/7 Lane : 2 Athlete: DEGREEF EMELIE  |                   |          |       |          | Q-time: 01:50:39                    |
| PB (25m pool): 01:54.56 Aarschot 04/05/2025 |                   |          |       |          | PB (50m pool): 01:50.39 SB: no time |
|                                             | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                                     |
| PB                                          |                   | 00:54.28 |       | 01:54.56 |                                     |
|                                             | 00:54.28 01:00.28 |          |       |          |                                     |
|                                             | .....             | .....    | ..... | .....    |                                     |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+    |                   |          |       |          | Heat:2, starttime: 14:56                                |
|------------------------------------------------|-------------------|----------|-------|----------|---------------------------------------------------------|
| Heat: 2/7 Lane : 3 Athlete: VANDER WAEREN LINN |                   |          |       |          | Q-time: 01:44:72                                        |
| PB (25m pool): 01:44.72 Tremelo 14/12/2025     |                   |          |       |          | PB (50m pool): 01:48.02 SB: 01:44.72 Tremelo 14/12/2025 |
|                                                | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                                                         |
| PB                                             |                   | 00:51.58 |       | 01:44.72 |                                                         |
|                                                | 00:51.58 00:53.14 |          |       |          |                                                         |
|                                                | .....             | .....    | ..... | .....    |                                                         |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+          |                   |          |       |          | Heat:2, starttime: 14:56                                          |
|------------------------------------------------------|-------------------|----------|-------|----------|-------------------------------------------------------------------|
| Heat: 2/7 Lane : 4 Athlete: PUT JULIE                |                   |          |       |          | Q-time: 01:41:04                                                  |
| PB (25m pool): 01:47.24 Heist-op-den-Berg 10/01/2026 |                   |          |       |          | PB (50m pool): 01:41.04 SB: 01:47.24 Heist-op-den-Berg 10/01/2026 |
|                                                      | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                                                                   |
| PB                                                   |                   | 00:50.68 |       | 01:47.24 |                                                                   |
|                                                      | 00:50.68 00:56.56 |          |       |          |                                                                   |
|                                                      | .....             | .....    | ..... | .....    |                                                                   |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 34: 100M BACKSTROKE WOMEN 11+    |          |          |                                                        |          | Heat:2, starttime: 14:56 |
|------------------------------------------------|----------|----------|--------------------------------------------------------|----------|--------------------------|
| Heat: 2/7 Lane : 6 Athlete: VERHEYEN CHARLOTTE |          |          |                                                        |          | Q-time: 01:48:95         |
| PB (25m pool): 01:53.93 LEUVEN 21/12/2025      |          |          | PB (50m pool): 01:48.95 SB: 01:53.93 LEUVEN 21/12/2025 |          |                          |
|                                                | 2 5 M    | 5 0 M    | 7 5 M                                                  | 1 0 0 M  |                          |
| PB                                             |          | 00:58.62 |                                                        | 01:53.93 |                          |
|                                                | 00:58.62 |          | 00:55.31                                               |          |                          |
|                                                | .....    | .....    | .....                                                  | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+  |          |          |                                                                   |          | Heat:2, starttime: 14:56 |
|----------------------------------------------|----------|----------|-------------------------------------------------------------------|----------|--------------------------|
| Heat: 2/7 Lane : 7 Athlete: FLEERACKERS MIRA |          |          |                                                                   |          | Q-time: 01:50:67         |
| PB (25m pool): 01:50.67 Aarschot 16/03/2025  |          |          | PB (50m pool): 01:53.76 SB: 02:00.08 Heist-op-den-Berg 10/01/2026 |          |                          |
|                                              | 2 5 M    | 5 0 M    | 7 5 M                                                             | 1 0 0 M  |                          |
| PB                                           |          | 00:51.66 |                                                                   | 01:50.67 |                          |
|                                              | 00:51.66 |          | 00:59.01                                                          |          |                          |
|                                              | .....    | .....    | .....                                                             | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+ |          |          |                                                         |          | Heat:3, starttime: 15:00 |
|---------------------------------------------|----------|----------|---------------------------------------------------------|----------|--------------------------|
| Heat: 3/7 Lane : 1 Athlete: WILLEN LENTHE   |          |          |                                                         |          | Q-time: 01:38:03         |
| PB (25m pool): 01:39.67 Tremelo 14/12/2025  |          |          | PB (50m pool): 01:38.03 SB: 01:39.67 Tremelo 14/12/2025 |          |                          |
|                                             | 2 5 M    | 5 0 M    | 7 5 M                                                   | 1 0 0 M  |                          |
| PB                                          |          | 00:50.65 |                                                         | 01:39.67 |                          |
|                                             | 00:50.65 |          | 00:49.02                                                |          |                          |
|                                             | .....    | .....    | .....                                                   | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+ |          |          |                                     |          | Heat:3, starttime: 15:00 |
|---------------------------------------------|----------|----------|-------------------------------------|----------|--------------------------|
| Heat: 3/7 Lane : 3 Athlete: MEURRENS LINA   |          |          |                                     |          | Q-time: 01:35:15         |
| PB (25m pool): 01:34.69 LEUVEN 24/11/2024   |          |          | PB (50m pool): 01:35.15 SB: no time |          |                          |
|                                             | 2 5 M    | 5 0 M    | 7 5 M                               | 1 0 0 M  |                          |
| PB                                          |          | 00:46.30 |                                     | 01:34.69 |                          |
|                                             | 00:46.30 |          | 00:48.39                            |          |                          |
|                                             | .....    | .....    | .....                               | .....    |                          |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 34: 100M BACKSTROKE WOMEN 11+          |          |          |                                                                   |          | Heat:3, starttime: 15:00 |
|------------------------------------------------------|----------|----------|-------------------------------------------------------------------|----------|--------------------------|
| Heat: 3/7 Lane : 6 Athlete: SMEKENS ELLA             |          |          |                                                                   |          | Q-time: 01:35:15         |
| PB (25m pool): 01:35.15 Heist-op-den-Berg 10/01/2026 |          |          | PB (50m pool): 01:30.34 SB: 01:35.15 Heist-op-den-Berg 10/01/2026 |          |                          |
|                                                      | 2 5 M    | 5 0 M    | 7 5 M                                                             | 1 0 0 M  |                          |
| PB                                                   |          | 00:45.77 |                                                                   | 01:35.15 |                          |
|                                                      | 00:45.77 |          | 00:49.38                                                          |          |                          |
|                                                      | .....    | .....    | .....                                                             | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+          |          |          |                                                                   |          | Heat:3, starttime: 15:00 |
|------------------------------------------------------|----------|----------|-------------------------------------------------------------------|----------|--------------------------|
| Heat: 3/7 Lane : 8 Athlete: WILLEM NORE              |          |          |                                                                   |          | Q-time: 01:40:11         |
| PB (25m pool): 01:40.11 Heist-op-den-Berg 10/01/2026 |          |          | PB (50m pool): 01:43.91 SB: 01:40.11 Heist-op-den-Berg 10/01/2026 |          |                          |
|                                                      | 2 5 M    | 5 0 M    | 7 5 M                                                             | 1 0 0 M  |                          |
| PB                                                   |          | 00:49.35 |                                                                   | 01:40.11 |                          |
|                                                      | 00:49.35 |          | 00:50.76                                                          |          |                          |
|                                                      | .....    | .....    | .....                                                             | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+    |          |          |                                                         |          | Heat:4, starttime: 15:02 |
|------------------------------------------------|----------|----------|---------------------------------------------------------|----------|--------------------------|
| Heat: 4/7 Lane : 1 Athlete: VANDER WAEREN KATO |          |          |                                                         |          | Q-time: 01:31:25         |
| PB (25m pool): 01:32.42 Tremelo 14/12/2025     |          |          | PB (50m pool): 01:31.25 SB: 01:32.42 Tremelo 14/12/2025 |          |                          |
|                                                | 2 5 M    | 5 0 M    | 7 5 M                                                   | 1 0 0 M  |                          |
| PB                                             |          | 00:44.34 |                                                         | 01:32.42 |                          |
|                                                | 00:44.34 |          | 00:48.08                                                |          |                          |
|                                                | .....    | .....    | .....                                                   | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+          |          |          |                                                                   |          | Heat:4, starttime: 15:02 |
|------------------------------------------------------|----------|----------|-------------------------------------------------------------------|----------|--------------------------|
| Heat: 4/7 Lane : 4 Athlete: DEXTERS MILA             |          |          |                                                                   |          | Q-time: 01:27:66         |
| PB (25m pool): 01:27.66 Heist-op-den-Berg 10/01/2026 |          |          | PB (50m pool): 01:33.91 SB: 01:27.66 Heist-op-den-Berg 10/01/2026 |          |                          |
|                                                      | 2 5 M    | 5 0 M    | 7 5 M                                                             | 1 0 0 M  |                          |
| PB                                                   |          | 00:44.16 |                                                                   | 01:27.66 |                          |
|                                                      | 00:44.16 |          | 00:43.50                                                          |          |                          |
|                                                      | .....    | .....    | .....                                                             | .....    |                          |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 34: 100M BACKSTROKE WOMEN 11+ |          |          |                                                     |          | Heat:4, starttime: 15:02 |
|---------------------------------------------|----------|----------|-----------------------------------------------------|----------|--------------------------|
| Heat: 4/7 Lane : 6 Athlete: LEMBRECHTS KAAT |          |          |                                                     |          | Q-time: 01:29:84         |
| PB (25m pool): 01:31.28 Mol 28/12/2025      |          |          | PB (50m pool): 01:29.84 SB: 01:31.28 Mol 28/12/2025 |          |                          |
|                                             | 2 5 M    | 5 0 M    | 7 5 M                                               | 1 0 0 M  |                          |
| PB                                          |          | 00:43.99 |                                                     | 01:31.28 |                          |
|                                             | 00:43.99 |          | 00:47.29                                            |          |                          |
|                                             | .....    | .....    | .....                                               | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+          |          |          |                                                                   |          | Heat:4, starttime: 15:02 |
|------------------------------------------------------|----------|----------|-------------------------------------------------------------------|----------|--------------------------|
| Heat: 4/7 Lane : 7 Athlete: WILLEN LUNA              |          |          |                                                                   |          | Q-time: 01:30:09         |
| PB (25m pool): 01:35.90 Heist-op-den-Berg 10/01/2026 |          |          | PB (50m pool): 01:30.09 SB: 01:35.90 Heist-op-den-Berg 10/01/2026 |          |                          |
|                                                      | 2 5 M    | 5 0 M    | 7 5 M                                                             | 1 0 0 M  |                          |
| PB                                                   |          | 00:47.46 |                                                                   | 01:35.90 |                          |
|                                                      | 00:47.46 |          | 00:48.44                                                          |          |                          |
|                                                      | .....    | .....    | .....                                                             | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+   |          |          |                                                         |          | Heat:4, starttime: 15:02 |
|-----------------------------------------------|----------|----------|---------------------------------------------------------|----------|--------------------------|
| Heat: 4/7 Lane : 8 Athlete: FEYAERTS SAVANNAH |          |          |                                                         |          | Q-time: 01:32:54         |
| PB (25m pool): 01:32.54 Tremelo 14/12/2025    |          |          | PB (50m pool): 01:34.11 SB: 01:32.54 Tremelo 14/12/2025 |          |                          |
|                                               | 2 5 M    | 5 0 M    | 7 5 M                                                   | 1 0 0 M  |                          |
| PB                                            |          | 00:45.61 |                                                         | 01:32.54 |                          |
|                                               | 00:45.61 |          | 00:46.93                                                |          |                          |
|                                               | .....    | .....    | .....                                                   | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+ |          |          |                                                        |          | Heat:5, starttime: 15:04 |
|---------------------------------------------|----------|----------|--------------------------------------------------------|----------|--------------------------|
| Heat: 5/7 Lane : 4 Athlete: GERARD CARYS    |          |          |                                                        |          | Q-time: 01:19:71         |
| PB (25m pool): 01:21.06 LEUVEN 23/11/2025   |          |          | PB (50m pool): 01:19.71 SB: 01:21.06 LEUVEN 23/11/2025 |          |                          |
|                                             | 2 5 M    | 5 0 M    | 7 5 M                                                  | 1 0 0 M  |                          |
| PB                                          |          | 00:40.09 |                                                        | 01:21.06 |                          |
|                                             | 00:40.09 |          | 00:40.97                                               |          |                          |
|                                             | .....    | .....    | .....                                                  | .....    |                          |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 34: 100M BACKSTROKE WOMEN 11+                                                   |         |         |       |          | Heat:5, starttime: 15:04 |
|-----------------------------------------------------------------------------------------------|---------|---------|-------|----------|--------------------------|
| Heat: 5/7 Lane : 5 Athlete: VANCAUWENBERGH CHARIS                                             |         |         |       |          | Q-time: 01:20:11         |
| PB (25m pool): 01:15.54 Stedelijk Zwembad Geel 17/02/2019 PB (50m pool): 01:18.38 SB: no time |         |         |       |          |                          |
|                                                                                               | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                          |
| PB                                                                                            |         | no time |       | 01:15.54 |                          |
|                                                                                               | no time |         |       |          |                          |
|                                                                                               | .....   | .....   | ..... | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+                                                      |                   |          |       |          | Heat:5, starttime: 15:04 |
|--------------------------------------------------------------------------------------------------|-------------------|----------|-------|----------|--------------------------|
| Heat: 5/7 Lane : 6 Athlete: LEMBRECHTS SIEN                                                      |                   |          |       |          | Q-time: 01:20:53         |
| PB (25m pool): 01:20.53 LEUVEN 21/12/2025 PB (50m pool): 01:22.57 SB: 01:20.53 LEUVEN 21/12/2025 |                   |          |       |          |                          |
|                                                                                                  | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                          |
| PB                                                                                               |                   | 00:39.07 |       | 01:20.53 |                          |
|                                                                                                  | 00:39.07 00:41.46 |          |       |          |                          |
|                                                                                                  | .....             | .....    | ..... | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+                                              |                   |          |       |          | Heat:6, starttime: 15:06 |
|------------------------------------------------------------------------------------------|-------------------|----------|-------|----------|--------------------------|
| Heat: 6/7 Lane : 1 Athlete: DE CAT DO                                                    |                   |          |       |          | Q-time: 01:18:55         |
| PB (25m pool): 01:18.55 Heist Op Den Berg 11/01/2025 PB (50m pool): 01:20.96 SB: no time |                   |          |       |          |                          |
|                                                                                          | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                          |
| PB                                                                                       |                   | 00:38.62 |       | 01:18.55 |                          |
|                                                                                          | 00:38.62 00:39.93 |          |       |          |                          |
|                                                                                          | .....             | .....    | ..... | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+                                |         |         |       |          | Heat:6, starttime: 15:06 |
|----------------------------------------------------------------------------|---------|---------|-------|----------|--------------------------|
| Heat: 6/7 Lane : 2 Athlete: BRUGMAN SERENA                                 |         |         |       |          | Q-time: 01:17:09         |
| PB (25m pool): 01:15.18 Mol 30/12/2022 PB (50m pool): 01:19.44 SB: no time |         |         |       |          |                          |
|                                                                            | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                          |
| PB                                                                         |         | no time |       | 01:15.18 |                          |
|                                                                            | no time |         |       |          |                          |
|                                                                            | .....   | .....   | ..... | .....    |                          |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 34: 100M BACKSTROKE WOMEN 11+ |          |          |                                                        |          | Heat:6, starttime: 15:06 |
|---------------------------------------------|----------|----------|--------------------------------------------------------|----------|--------------------------|
| Heat: 6/7 Lane : 5 Athlete: VANSINA ELLE    |          |          |                                                        |          | Q-time: 01:16:59         |
| PB (25m pool): 01:16.59 LEUVEN 21/12/2025   |          |          | PB (50m pool): 01:18.69 SB: 01:16.59 LEUVEN 21/12/2025 |          |                          |
|                                             | 2 5 M    | 5 0 M    | 7 5 M                                                  | 1 0 0 M  |                          |
| PB                                          |          | 00:37.86 |                                                        | 01:16.59 |                          |
|                                             | 00:37.86 |          | 00:38.73                                               |          |                          |
|                                             | .....    | .....    | .....                                                  | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+ |          |          |                                                       |          | Heat:6, starttime: 15:06 |
|---------------------------------------------|----------|----------|-------------------------------------------------------|----------|--------------------------|
| Heat: 6/7 Lane : 6 Athlete: DEVUE ROSALIE   |          |          |                                                       |          | Q-time: 01:17:03         |
| PB (25m pool): 01:17.03 Temse 17/11/2025    |          |          | PB (50m pool): 01:17.45 SB: 01:17.03 Temse 17/11/2025 |          |                          |
|                                             | 2 5 M    | 5 0 M    | 7 5 M                                                 | 1 0 0 M  |                          |
| PB                                          |          | 00:36.88 |                                                       | 01:17.03 |                          |
|                                             | 00:36.88 |          | 00:40.15                                              |          |                          |
|                                             | .....    | .....    | .....                                                 | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+   |         |         |                                                        |          | Heat:7, starttime: 15:10 |
|-----------------------------------------------|---------|---------|--------------------------------------------------------|----------|--------------------------|
| Heat: 7/7 Lane : 1 Athlete: VERVLOESSEM SISKI |         |         |                                                        |          | Q-time: 01:15:28         |
| PB (25m pool): 01:14.61 Leuven 15/10/2023     |         |         | PB (50m pool): 01:15.11 SB: 01:15.28 Leuven 12/10/2025 |          |                          |
|                                               | 2 5 M   | 5 0 M   | 7 5 M                                                  | 1 0 0 M  |                          |
| PB                                            |         | no time |                                                        | 01:14.61 |                          |
|                                               | no time |         |                                                        |          |                          |
|                                               | .....   | .....   | .....                                                  | .....    |                          |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+   |          |          |                                                        |          | Heat:7, starttime: 15:10 |
|-----------------------------------------------|----------|----------|--------------------------------------------------------|----------|--------------------------|
| Heat: 7/7 Lane : 3 Athlete: ASSCHERICKX CHLOé |          |          |                                                        |          | Q-time: 01:11:07         |
| PB (25m pool): 01:11.07 Sinbad 22/07/2025     |          |          | PB (50m pool): 01:13.23 SB: 01:11.73 LEUVEN 23/11/2025 |          |                          |
|                                               | 2 5 M    | 5 0 M    | 7 5 M                                                  | 1 0 0 M  |                          |
| PB                                            |          | 00:34.49 |                                                        | 01:11.07 |                          |
|                                               | 00:34.49 |          | 00:36.58                                               |          |                          |
|                                               | .....    | .....    | .....                                                  | .....    |                          |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 34: 100M BACKSTROKE WOMEN 11+ |         |         |       |          | Heat:7, starttime: 15:10                               |
|---------------------------------------------|---------|---------|-------|----------|--------------------------------------------------------|
| Heat: 7/7 Lane : 5 Athlete: GYPEN KAAT      |         |         |       |          | Q-time: 01:10:80                                       |
| PB (25m pool): 01:10.80 Aarschot 28/07/2025 |         |         |       |          | PB (50m pool): 01:13.59 SB: 01:10.85 LEUVEN 23/11/2025 |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                        |
| PB                                          |         | no time |       | 01:10.80 |                                                        |
|                                             | no time |         |       |          |                                                        |
|                                             | .....   | .....   | ..... | .....    |                                                        |

Coach feedback:

| Event number: 34: 100M BACKSTROKE WOMEN 11+ |         |         |       |          | Heat:7, starttime: 15:10                               |
|---------------------------------------------|---------|---------|-------|----------|--------------------------------------------------------|
| Heat: 7/7 Lane : 6 Athlete: WOUTERS STIEN   |         |         |       |          | Q-time: 01:12:19                                       |
| PB (25m pool): 01:12.19 Aarschot 28/07/2025 |         |         |       |          | PB (50m pool): 01:14.56 SB: 01:13.13 Nijlen 16/11/2025 |
|                                             | 2 5 M   | 5 0 M   | 7 5 M | 1 0 0 M  |                                                        |
| PB                                          |         | no time |       | 01:12.19 |                                                        |
|                                             | no time |         |       |          |                                                        |
|                                             | .....   | .....   | ..... | .....    |                                                        |

Coach feedback:

| Event number: 35: 100M BACKSTROKE MEN 11+            |                   |          |       |          | Heat:1, starttime: 15:12                                          |
|------------------------------------------------------|-------------------|----------|-------|----------|-------------------------------------------------------------------|
| Heat: 1/5 Lane : 4 Athlete: WINNEPENNINCKX FELIX     |                   |          |       |          | Q-time: 01:38:39                                                  |
| PB (25m pool): 01:39.06 Heist-op-den-Berg 10/01/2026 |                   |          |       |          | PB (50m pool): 01:38.39 SB: 01:39.06 Heist-op-den-Berg 10/01/2026 |
|                                                      | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                                                                   |
| PB                                                   |                   | 00:49.13 |       | 01:39.06 |                                                                   |
|                                                      | 00:49.13 00:49.93 |          |       |          |                                                                   |
|                                                      | .....             | .....    | ..... | .....    |                                                                   |

Coach feedback:

| Event number: 35: 100M BACKSTROKE MEN 11+  |                   |          |       |          | Heat:2, starttime: 15:14                                |
|--------------------------------------------|-------------------|----------|-------|----------|---------------------------------------------------------|
| Heat: 2/5 Lane : 2 Athlete: KOLACNY TUUR   |                   |          |       |          | Q-time: 01:35:33                                        |
| PB (25m pool): 01:35.33 Tremelo 14/12/2025 |                   |          |       |          | PB (50m pool): 01:36.54 SB: 01:35.33 Tremelo 14/12/2025 |
|                                            | 2 5 M             | 5 0 M    | 7 5 M | 1 0 0 M  |                                                         |
| PB                                         |                   | 00:46.33 |       | 01:35.33 |                                                         |
|                                            | 00:46.33 00:49.00 |          |       |          |                                                         |
|                                            | .....             | .....    | ..... | .....    |                                                         |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 35: 100M BACKSTROKE MEN 11+  |          |          |                                                         |          | Heat:2, starttime: 15:14 |
|--------------------------------------------|----------|----------|---------------------------------------------------------|----------|--------------------------|
| Heat: 2/5 Lane : 3 Athlete: LENDERS PABLO  |          |          |                                                         |          | Q-time: 01:27:60         |
| PB (25m pool): 01:27.60 Tremelo 14/12/2025 |          |          | PB (50m pool): 01:28.13 SB: 01:27.60 Tremelo 14/12/2025 |          |                          |
|                                            | 2 5 M    | 5 0 M    | 7 5 M                                                   | 1 0 0 M  |                          |
| PB                                         |          | 00:44.31 |                                                         | 01:27.60 |                          |
|                                            | 00:44.31 |          | 00:43.29                                                |          |                          |
|                                            | .....    | .....    | .....                                                   | .....    |                          |

Coach feedback:

| Event number: 35: 100M BACKSTROKE MEN 11+   |          |          |                                     |          | Heat:2, starttime: 15:14 |
|---------------------------------------------|----------|----------|-------------------------------------|----------|--------------------------|
| Heat: 2/5 Lane : 6 Athlete: LEMBRECHTS LARS |          |          |                                     |          | Q-time: 01:31:31         |
| PB (25m pool): 01:31.31 Aarschot 04/05/2025 |          |          | PB (50m pool): 01:34.07 SB: no time |          |                          |
|                                             | 2 5 M    | 5 0 M    | 7 5 M                               | 1 0 0 M  |                          |
| PB                                          |          | 00:43.46 |                                     | 01:31.31 |                          |
|                                             | 00:43.46 |          | 00:47.85                            |          |                          |
|                                             | .....    | .....    | .....                               | .....    |                          |

Coach feedback:

| Event number: 35: 100M BACKSTROKE MEN 11+ |          |          |                                                        |          | Heat:3, starttime: 15:16 |
|-------------------------------------------|----------|----------|--------------------------------------------------------|----------|--------------------------|
| Heat: 3/5 Lane : 5 Athlete: DEVUE NICOLAS |          |          |                                                        |          | Q-time: 01:19:19         |
| PB (25m pool): 01:19.19 LEUVEN 21/12/2025 |          |          | PB (50m pool): 01:22.43 SB: 01:19.19 LEUVEN 21/12/2025 |          |                          |
|                                           | 2 5 M    | 5 0 M    | 7 5 M                                                  | 1 0 0 M  |                          |
| PB                                        |          | 00:38.97 |                                                        | 01:19.19 |                          |
|                                           | 00:38.97 |          | 00:40.22                                               |          |                          |
|                                           | .....    | .....    | .....                                                  | .....    |                          |

Coach feedback:

| Event number: 35: 100M BACKSTROKE MEN 11+    |          |          |                                     |          | Heat:4, starttime: 15:20 |
|----------------------------------------------|----------|----------|-------------------------------------|----------|--------------------------|
| Heat: 4/5 Lane : 2 Athlete: VANHELMONT DANTE |          |          |                                     |          | Q-time: 01:14:13         |
| PB (25m pool): 01:16.92 Herentals 17/05/2025 |          |          | PB (50m pool): 01:14.13 SB: no time |          |                          |
|                                              | 2 5 M    | 5 0 M    | 7 5 M                               | 1 0 0 M  |                          |
| PB                                           |          | 00:38.48 |                                     | 01:16.92 |                          |
|                                              | 00:38.48 |          | 00:38.44                            |          |                          |
|                                              | .....    | .....    | .....                               | .....    |                          |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 35: 100M BACKSTROKE MEN 11+                                                     |          |          |          |          | Heat:4, starttime: 15:20 |
|-----------------------------------------------------------------------------------------------|----------|----------|----------|----------|--------------------------|
| Heat: 4/5 Lane : 5 Athlete: VOET LARS                                                         |          |          |          |          | Q-time: 01:12:57         |
| PB (25m pool): 01:14.75 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:12.57 SB: no time |          |          |          |          |                          |
|                                                                                               | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                          |
| PB                                                                                            |          | 00:37.12 |          | 01:14.75 |                          |
|                                                                                               | 00:37.12 |          | 00:37.63 |          |                          |
|                                                                                               | .....    | .....    | .....    | .....    |                          |

Coach feedback:

| Event number: 35: 100M BACKSTROKE MEN 11+                                                  |          |          |          |          | Heat:5, starttime: 15:22 |
|--------------------------------------------------------------------------------------------|----------|----------|----------|----------|--------------------------|
| Heat: 5/5 Lane : 2 Athlete: WILLEM ARTHUR                                                  |          |          |          |          | Q-time: 01:03:68         |
| PB (25m pool): 01:03.68 Mol 28/12/2025 PB (50m pool): 01:05.51 SB: 01:03.68 Mol 28/12/2025 |          |          |          |          |                          |
|                                                                                            | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                          |
| PB                                                                                         |          | 00:31.04 |          | 01:03.68 |                          |
|                                                                                            | 00:31.04 |          | 00:32.64 |          |                          |
|                                                                                            | .....    | .....    | .....    | .....    |                          |

Coach feedback:

| Event number: 35: 100M BACKSTROKE MEN 11+                                                        |          |          |          |          | Heat:5, starttime: 15:22 |
|--------------------------------------------------------------------------------------------------|----------|----------|----------|----------|--------------------------|
| Heat: 5/5 Lane : 7 Athlete: DE WITTE LEO                                                         |          |          |          |          | Q-time: 01:05:09         |
| PB (25m pool): 01:05.09 Nijlen 16/11/2025 PB (50m pool): 01:06.46 SB: 01:05.09 Nijlen 16/11/2025 |          |          |          |          |                          |
|                                                                                                  | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                          |
| PB                                                                                               |          | 00:31.75 |          | 01:05.09 |                          |
|                                                                                                  | 00:31.75 |          | 00:33.34 |          |                          |
|                                                                                                  | .....    | .....    | .....    | .....    |                          |

Coach feedback:

| Event number: 35: 100M BACKSTROKE MEN 11+                                                        |          |          |          |          | Heat:5, starttime: 15:22 |
|--------------------------------------------------------------------------------------------------|----------|----------|----------|----------|--------------------------|
| Heat: 5/5 Lane : 8 Athlete: ASSCHERICKX SEBASTIAAN                                               |          |          |          |          | Q-time: 01:10:59         |
| PB (25m pool): 01:10.59 LEUVEN 21/12/2025 PB (50m pool): 01:12.65 SB: 01:10.59 LEUVEN 21/12/2025 |          |          |          |          |                          |
|                                                                                                  | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                          |
| PB                                                                                               |          | 00:34.07 |          | 01:10.59 |                          |
|                                                                                                  | 00:34.07 |          | 00:36.52 |          |                          |
|                                                                                                  | .....    | .....    | .....    | .....    |                          |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 36: 200M MEDLEY WOMEN 11+       |           |           |                                       |           |           |           | Heat:1, starttime: 15:38 |           |
|-----------------------------------------------|-----------|-----------|---------------------------------------|-----------|-----------|-----------|--------------------------|-----------|
| Heat: 1/7    Lane : 3    Athlete: WILLEM NORE |           |           |                                       |           |           |           | Q-time: 99:99:99         |           |
| PB (25m pool): no time                        |           |           | PB (50m pool): no time    SB: no time |           |           |           |                          |           |
|                                               | 2 5 M     | 5 0 M     | 7 5 M                                 | 1 0 0     | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                            |           | no time   |                                       | no time   |           | no time   |                          | no time   |
|                                               | no time   |           |                                       |           |           |           |                          |           |
|                                               | . . . . . | . . . . . | . . . . .                             | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 36: 200M MEDLEY WOMEN 11+         |           |           |                                                                |           |           |           | Heat:1, starttime: 15:38 |           |
|-------------------------------------------------|-----------|-----------|----------------------------------------------------------------|-----------|-----------|-----------|--------------------------|-----------|
| Heat: 1/7    Lane : 4    Athlete: WILLEN LENTHE |           |           |                                                                |           |           |           | Q-time: 03:36:47         |           |
| PB (25m pool): 03:36.47    Leuven    12/10/2025 |           |           | PB (50m pool): no time    SB: 03:36.47    Leuven    12/10/2025 |           |           |           |                          |           |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M                                                          | 1 0 0     | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                              |           | 00:51.19  |                                                                | 01:48.52  |           | 02:49.33  |                          | 03:36.47  |
|                                                 | 00:51.19  |           | 00:57.33                                                       |           | 01:00.81  |           | 00:47.14                 |           |
|                                                 | . . . . . | . . . . . | . . . . .                                                      | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 36: 200M MEDLEY WOMEN 11+        |           |           |                                    |           |           |           | Heat:1, starttime: 15:38 |           |
|------------------------------------------------|-----------|-----------|------------------------------------|-----------|-----------|-----------|--------------------------|-----------|
| Heat: 1/7    Lane : 5    Athlete: DEXTERS MILA |           |           |                                    |           |           |           | Q-time: 03:38:59         |           |
| PB (25m pool): no time                         |           |           | PB (50m pool): 03:38.59SB: no time |           |           |           |                          |           |
|                                                | 2 5 M     | 5 0 M     | 7 5 M                              | 1 0 0     | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                             |           | no time   |                                    | no time   |           | no time   |                          | no time   |
|                                                | no time   |           |                                    |           |           |           |                          |           |
|                                                | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 36: 200M MEDLEY WOMEN 11+              |           |           |                                       |           |           |           | Heat:1, starttime: 15:38 |           |
|------------------------------------------------------|-----------|-----------|---------------------------------------|-----------|-----------|-----------|--------------------------|-----------|
| Heat: 1/7    Lane : 7    Athlete: VANDER WAEREN LINN |           |           |                                       |           |           |           | Q-time: 99:99:99         |           |
| PB (25m pool): no time                               |           |           | PB (50m pool): no time    SB: no time |           |           |           |                          |           |
|                                                      | 2 5 M     | 5 0 M     | 7 5 M                                 | 1 0 0     | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                   |           | no time   |                                       | no time   |           | no time   |                          | no time   |
|                                                      | no time   |           |                                       |           |           |           |                          |           |
|                                                      | . . . . . | . . . . . | . . . . .                             | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 36: 200M MEDLEY WOMEN 11+                    |           |           |           |                                                                           |           |           | Heat:2, starttime: 15:42 |           |
|------------------------------------------------------------|-----------|-----------|-----------|---------------------------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 2/7    Lane : 2    Athlete: SMEKENS ELLA             |           |           |           |                                                                           |           |           | Q-time: 03:22:19         |           |
| PB (25m pool): 03:22.19    Heist-op-den-Berg    10/01/2026 |           |           |           | PB (50m pool): no time    SB: 03:22.19    Heist-op-den-Berg    10/01/2026 |           |           |                          |           |
|                                                            | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                                     | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                         |           | 00:41.22  |           | no time                                                                   |           | no time   |                          | 03:22.19  |
|                                                            | 00:41.22  |           |           |                                                                           |           |           |                          |           |
|                                                            | . . . . . | . . . . . | . . . . . | . . . . .                                                                 | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 36: 200M MEDLEY WOMEN 11+           |           |           |           |                                                        |           |           | Heat:2, starttime: 15:42 |           |
|---------------------------------------------------|-----------|-----------|-----------|--------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 2/7    Lane : 4    Athlete: LEMBRECHTS KAAT |           |           |           |                                                        |           |           | Q-time: 03:17:03         |           |
| PB (25m pool): 03:17.03    Mol 28/12/2025         |           |           |           | PB (50m pool): 03:24.51 SB: 03:17.03    Mol 28/12/2025 |           |           |                          |           |
|                                                   | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                  | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                |           | 00:46.57  |           | 01:36.50                                               |           | 02:34.32  |                          | 03:17.03  |
|                                                   | 00:46.57  |           | 00:49.93  |                                                        | 00:57.82  |           | 00:42.71                 |           |
|                                                   | . . . . . | . . . . . | . . . . . | . . . . .                                              | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 36: 200M MEDLEY WOMEN 11+              |           |           |           |                                                          |           |           | Heat:2, starttime: 15:42 |           |
|------------------------------------------------------|-----------|-----------|-----------|----------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 2/7    Lane : 7    Athlete: VANDER WAEREN KATO |           |           |           |                                                          |           |           | Q-time: 03:24:84         |           |
| PB (25m pool): 03:24.84    Mol 28/12/2025            |           |           |           | PB (50m pool): no time    SB: 03:24.84    Mol 28/12/2025 |           |           |                          |           |
|                                                      | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                    | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                   |           | 00:46.31  |           | 01:40.28                                                 |           | 02:41.09  |                          | 03:24.84  |
|                                                      | 00:46.31  |           | 00:53.97  |                                                          | 01:00.81  |           | 00:43.75                 |           |
|                                                      | . . . . . | . . . . . | . . . . . | . . . . .                                                | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 36: 200M MEDLEY WOMEN 11+        |           |           |           |                                     |           |           | Heat:5, starttime: 15:52 |           |
|------------------------------------------------|-----------|-----------|-----------|-------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 5/7    Lane : 3    Athlete: GERARD CARYS |           |           |           |                                     |           |           | Q-time: 02:50:32         |           |
| PB (25m pool): 03:00.48    Aarschot 04/05/2025 |           |           |           | PB (50m pool): 02:50.32 SB: no time |           |           |                          |           |
|                                                | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                               | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                             |           | 00:41.10  |           | no time                             |           | no time   |                          | 03:00.48  |
|                                                | 00:41.10  |           |           |                                     |           |           |                          |           |
|                                                | . . . . . | . . . . . | . . . . . | . . . . .                           | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 36: 200M MEDLEY WOMEN 11+                    |           |           |           |                                                                         |           |           | Heat:5, starttime: 15:52 |           |
|------------------------------------------------------------|-----------|-----------|-----------|-------------------------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 5/7    Lane : 4    Athlete: SILVERANS MILA           |           |           |           |                                                                         |           |           | Q-time: 02:45:49         |           |
| PB (25m pool): 02:45.49    Heist-op-den-Berg    10/01/2026 |           |           |           | PB (50m pool): 02:50.40 SB: 02:45.49    Heist-op-den-Berg    10/01/2026 |           |           |                          |           |
|                                                            | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                                   | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                         |           | 00:34.75  |           | no time                                                                 |           | no time   |                          | 02:45.49  |
|                                                            | 00:34.75  |           |           |                                                                         |           |           |                          |           |
|                                                            | . . . . . | . . . . . | . . . . . | . . . . .                                                               | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 36: 200M MEDLEY WOMEN 11+        |           |           |           |                                                             |           |           | Heat:6, starttime: 15:56 |           |
|------------------------------------------------|-----------|-----------|-----------|-------------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 6/7    Lane : 1    Athlete: GYPEN KAAT   |           |           |           |                                                             |           |           | Q-time: 02:44:67         |           |
| PB (25m pool): 02:43.00    Aarschot 30/04/2023 |           |           |           | PB (50m pool): 02:43.92SB: 02:44.67    LEUVEN    21/12/2025 |           |           |                          |           |
|                                                | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                       | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                             |           | no time   |           | no time                                                     |           | no time   |                          | 02:43.00  |
|                                                | no time   |           |           |                                                             |           |           |                          |           |
|                                                | . . . . . | . . . . . | . . . . . | . . . . .                                                   | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 36: 200M MEDLEY WOMEN 11+         |           |           |           |                                                          |           |           | Heat:6, starttime: 15:56 |           |
|-------------------------------------------------|-----------|-----------|-----------|----------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 6/7    Lane : 5    Athlete: WOUTERS STIEN |           |           |           |                                                          |           |           | Q-time: 02:39:66         |           |
| PB (25m pool): 02:39.66    Leuven 12/10/2025    |           |           |           | PB (50m pool): 02:42.45SB: 02:39.66    Leuven 12/10/2025 |           |           |                          |           |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                    | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                              |           | 00:34.64  |           | 01:15.48                                                 |           | 02:02.51  |                          | 02:39.66  |
|                                                 | 00:34.64  |           | 00:40.84  |                                                          | 00:47.03  |           | 00:37.15                 |           |
|                                                 | . . . . . | . . . . . | . . . . . | . . . . .                                                | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 36: 200M MEDLEY WOMEN 11+         |           |           |                                                             |           |           |           | Heat:7, starttime: 16:00 |           |
|-------------------------------------------------|-----------|-----------|-------------------------------------------------------------|-----------|-----------|-----------|--------------------------|-----------|
| Heat: 7/7    Lane : 6    Athlete: MEYER THYRVI  |           |           |                                                             |           |           |           | Q-time: 02:30:18         |           |
| PB (25m pool): 02:30.18    LEUVEN    23/11/2025 |           |           | PB (50m pool): 02:35.54SB: 02:30.18    LEUVEN    23/11/2025 |           |           |           |                          |           |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M                                                       | 1 0 0     | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                              |           | 00:32.13  |                                                             | 01:10.72  |           | 01:56.59  |                          | 02:30.18  |
|                                                 | 00:32.13  |           | 00:38.59                                                    |           | 00:45.87  |           | 00:33.59                 |           |
|                                                 | . . . . . | . . . . . | . . . . .                                                   | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 37: 400M FREESTYLE MEN 11+       |         |         |         |                                    |         |         | Heat:1, starttime: 16:04 |          |
|------------------------------------------------|---------|---------|---------|------------------------------------|---------|---------|--------------------------|----------|
| Heat: 1/5    Lane : 3    Athlete: DELEN KOBE   |         |         |         |                                    |         |         | Q-time: 99:99:99         |          |
| PB (25m pool): 04:13.87    Aarschot 30/04/2023 |         |         |         | PB (50m pool): 04:18.78SB: no time |         |         |                          |          |
|                                                | 2 5 M   | 5 0 M   | 7 5 M   | 1 0 0 M                            | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                             |         | no time |         | no time                            |         | no time |                          | no time  |
|                                                | no time |         |         |                                    |         |         |                          |          |
|                                                | .....   | .....   | .....   | .....                              | .....   | .....   | .....                    | .....    |
|                                                | 2 2 5 M | 2 5 0 M | 2 7 5 M | 3 0 0                              | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                             |         | no time |         | no time                            |         | no time |                          | 04:13.87 |
|                                                |         |         |         |                                    |         |         |                          |          |
|                                                | .....   | .....   | .....   | .....                              | .....   | .....   | .....                    | .....    |

Coach feedback:

| Event number: 37: 400M FREESTYLE MEN 11+          |         |         |         |                                      |         |         | Heat:1, starttime: 16:04 |          |
|---------------------------------------------------|---------|---------|---------|--------------------------------------|---------|---------|--------------------------|----------|
| Heat: 1/5    Lane : 4    Athlete: LENDERS ESTEBAN |         |         |         |                                      |         |         | Q-time: 07:50:31         |          |
| PB (25m pool): 07:50.31   Tremelo 25/05/2025      |         |         |         | PB (50m pool): no time   SB: no time |         |         |                          |          |
|                                                   | 2 5 M   | 5 0 M   | 7 5 M   | 1 0 0 M                              | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                                |         | no time |         | 01:46.80                             |         | no time |                          | 03:51.32 |
|                                                   | no time |         |         |                                      |         |         |                          |          |
|                                                   | .....   | .....   | .....   | .....                                | .....   | .....   | .....                    | .....    |
|                                                   | 2 2 5 M | 2 5 0 M | 2 7 5 M | 3 0 0                                | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                                |         | no time |         | no time                              |         | no time |                          | 07:50.31 |
|                                                   |         |         |         |                                      |         |         |                          |          |
|                                                   | .....   | .....   | .....   | .....                                | .....   | .....   | .....                    | .....    |

Coach feedback:

| Event number: 37: 400M FREESTYLE MEN 11+       |         |         |         |                                                          |         |         | Heat:4, starttime: 16:26 |          |
|------------------------------------------------|---------|---------|---------|----------------------------------------------------------|---------|---------|--------------------------|----------|
| Heat: 4/5    Lane : 1    Athlete: GYPEN THOMAS |         |         |         |                                                          |         |         | Q-time: 04:54:70         |          |
| PB (25m pool): 04:54.70    Aarschot 28/07/2025 |         |         |         | PB (50m pool): 04:56.25SB: 04:58.31    Tienen 26/10/2025 |         |         |                          |          |
|                                                | 2 5 M   | 5 0 M   | 7 5 M   | 1 0 0 M                                                  | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                             |         | no time |         | 01:09.02                                                 |         | no time |                          | 02:24.81 |
|                                                | no time |         |         |                                                          |         |         |                          |          |
|                                                | .....   | .....   | .....   | .....                                                    | .....   | .....   | .....                    | .....    |
|                                                | 2 2 5 M | 2 5 0 M | 2 7 5 M | 3 0 0                                                    | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                             |         | no time |         | no time                                                  |         | no time |                          | 04:54.70 |
|                                                |         |         |         |                                                          |         |         |                          |          |
|                                                | .....   | .....   | .....   | .....                                                    | .....   | .....   | .....                    | .....    |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 37: 400M FREESTYLE MEN 11+                   |         |         |         |                                                                         |         |         | Heat:4, starttime: 16:26 |          |
|------------------------------------------------------------|---------|---------|---------|-------------------------------------------------------------------------|---------|---------|--------------------------|----------|
| Heat: 4/5    Lane : 3    Athlete: WOUTERS HANNES           |         |         |         |                                                                         |         |         | Q-time: 04:39:28         |          |
| PB (25m pool): 04:39.28    Heist-op-den-Berg    10/01/2026 |         |         |         | PB (50m pool): 04:51.22 SB: 04:39.28    Heist-op-den-Berg    10/01/2026 |         |         |                          |          |
|                                                            | 2 5 M   | 5 0 M   | 7 5 M   | 1 0 0 M                                                                 | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                                         |         | no time |         | 01:06.06                                                                |         | no time |                          | 02:17.63 |
|                                                            | no time |         |         |                                                                         |         |         |                          |          |
|                                                            | .....   | .....   | .....   | .....                                                                   | .....   | .....   | .....                    | .....    |
|                                                            | 2 2 5 M | 2 5 0 M | 2 7 5 M | 3 0 0                                                                   | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                                         |         | no time |         | no time                                                                 |         | no time |                          | 04:39.28 |
|                                                            |         |         |         |                                                                         |         |         |                          |          |
|                                                            | .....   | .....   | .....   | .....                                                                   | .....   | .....   | .....                    | .....    |

Coach feedback:

| Event number: 37: 400M FREESTYLE MEN 11+        |         |         |                                                              |          |         |         | Heat:4, starttime: 16:26 |          |
|-------------------------------------------------|---------|---------|--------------------------------------------------------------|----------|---------|---------|--------------------------|----------|
| Heat: 4/5    Lane : 4    Athlete: ROOVERS LUCAS |         |         |                                                              |          |         |         | Q-time: 04:29:05         |          |
| PB (25m pool): 04:29.05    Aarschot 04/05/2025  |         |         | PB (50m pool): 04:41.98 SB: 04:30.71    LEUVEN    23/11/2025 |          |         |         |                          |          |
|                                                 | 2 5 M   | 5 0 M   | 7 5 M                                                        | 1 0 0 M  | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                              |         | no time |                                                              | 01:04.22 |         | no time |                          | 02:12.72 |
|                                                 | no time |         |                                                              |          |         |         |                          |          |
|                                                 | .....   | .....   | .....                                                        | .....    | .....   | .....   | .....                    | .....    |
|                                                 | 2 2 5 M | 2 5 0 M | 2 7 5 M                                                      | 3 0 0    | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                              |         | no time |                                                              | no time  |         | no time |                          | 04:29.05 |
|                                                 |         |         |                                                              |          |         |         |                          |          |
|                                                 | .....   | .....   | .....                                                        | .....    | .....   | .....   | .....                    | .....    |

Coach feedback:

| Event number: 37: 400M FREESTYLE MEN 11+                 |          |          |                                                             |          |         |         | Heat:4, starttime: 16:26 |          |
|----------------------------------------------------------|----------|----------|-------------------------------------------------------------|----------|---------|---------|--------------------------|----------|
| Heat: 4/5    Lane : 5    Athlete: ASSCHERICKX SEBASTIAAN |          |          |                                                             |          |         |         | Q-time: 04:38:56         |          |
| PB (25m pool): 04:38.56    Aarschot 29/03/2026           |          |          | PB (50m pool): 04:48.88 SB: 04:38.56    Aarschot 29/03/2026 |          |         |         |                          |          |
|                                                          | 2 5 M    | 5 0 M    | 7 5 M                                                       | 1 0 0 M  | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                                       |          | 00:31.99 |                                                             | 01:07.93 |         | no time |                          | 02:20.44 |
|                                                          | 00:31.99 |          | 00:35.94                                                    |          |         |         |                          |          |
|                                                          | .....    | .....    | .....                                                       | .....    | .....   | .....   | .....                    | .....    |
|                                                          | 2 2 5 M  | 2 5 0 M  | 2 7 5 M                                                     | 3 0 0    | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                                       |          | no time  |                                                             | no time  |         | no time |                          | 04:38.56 |
|                                                          |          |          |                                                             |          |         |         |                          |          |
|                                                          | .....    | .....    | .....                                                       | .....    | .....   | .....   | .....                    | .....    |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 37: 400M FREESTYLE MEN 11+           |         |         |         |                                                          |         |         | Heat:4, starttime: 16:26 |          |
|----------------------------------------------------|---------|---------|---------|----------------------------------------------------------|---------|---------|--------------------------|----------|
| Heat: 4/5    Lane : 8    Athlete: VERHEYEN STEPHEN |         |         |         |                                                          |         |         | Q-time: 04:55:23         |          |
| PB (25m pool): 04:55.23    Zaventem 15/07/2025     |         |         |         | PB (50m pool): 05:11.75SB: 05:04.99    Leuven 12/10/2025 |         |         |                          |          |
|                                                    | 2 5 M   | 5 0 M   | 7 5 M   | 1 0 0 M                                                  | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                                 |         | no time |         | 01:11.99                                                 |         | no time |                          | 02:27.91 |
|                                                    | no time |         |         |                                                          |         |         |                          |          |
|                                                    | .....   | .....   | .....   | .....                                                    | .....   | .....   | .....                    | .....    |
|                                                    | 2 2 5 M | 2 5 0 M | 2 7 5 M | 3 0 0                                                    | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                                 |         | no time |         | no time                                                  |         | no time |                          | 04:55.23 |
|                                                    |         |         |         |                                                          |         |         |                          |          |
|                                                    | .....   | .....   | .....   | .....                                                    | .....   | .....   | .....                    | .....    |

Coach feedback:

| Event number: 37: 400M FREESTYLE MEN 11+                   |         |         |         |                                                                         |         |         | Heat:5, starttime: 16:30 |          |
|------------------------------------------------------------|---------|---------|---------|-------------------------------------------------------------------------|---------|---------|--------------------------|----------|
| Heat: 5/5    Lane : 1    Athlete: VETS WANNES              |         |         |         |                                                                         |         |         | Q-time: 04:22:79         |          |
| PB (25m pool): 04:22.79    Heist-op-den-Berg    10/01/2026 |         |         |         | PB (50m pool): 04:30.80 SB: 04:22.79    Heist-op-den-Berg    10/01/2026 |         |         |                          |          |
|                                                            | 2 5 M   | 5 0 M   | 7 5 M   | 1 0 0 M                                                                 | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                                         |         | no time |         | 01:01.88                                                                |         | no time |                          | 02:08.54 |
|                                                            | no time |         |         |                                                                         |         |         |                          |          |
|                                                            | .....   | .....   | .....   | .....                                                                   | .....   | .....   | .....                    | .....    |
|                                                            | 2 2 5 M | 2 5 0 M | 2 7 5 M | 3 0 0                                                                   | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                                         |         | no time |         | no time                                                                 |         | no time |                          | 04:22.79 |
|                                                            |         |         |         |                                                                         |         |         |                          |          |
|                                                            | .....   | .....   | .....   | .....                                                                   | .....   | .....   | .....                    | .....    |

Coach feedback:

| Event number: 37: 400M FREESTYLE MEN 11+          |          |          |                                                               |          |         |         | Heat:5, starttime: 16:30 |          |
|---------------------------------------------------|----------|----------|---------------------------------------------------------------|----------|---------|---------|--------------------------|----------|
| Heat: 5/5    Lane : 3    Athlete: RAES DRIES      |          |          |                                                               |          |         |         | Q-time: 04:16:26         |          |
| PB (25m pool): 04:16.26    Aarschot    29/03/2026 |          |          | PB (50m pool): 04:25.38SB: 04:16.26    Aarschot    29/03/2026 |          |         |         |                          |          |
|                                                   | 2 5 M    | 5 0 M    | 7 5 M                                                         | 1 0 0 M  | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                                |          | 00:29.30 |                                                               | 01:01.32 |         | no time |                          | 02:07.16 |
|                                                   | 00:29.30 |          | 00:32.02                                                      |          |         |         |                          |          |
|                                                   | .....    | .....    | .....                                                         | .....    | .....   | .....   | .....                    | .....    |
|                                                   | 2 2 5 M  | 2 5 0 M  | 2 7 5 M                                                       | 3 0 0    | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                                |          | no time  |                                                               | no time  |         | no time |                          | 04:16.26 |
|                                                   |          |          |                                                               |          |         |         |                          |          |
|                                                   | .....    | .....    | .....                                                         | .....    | .....   | .....   | .....                    | .....    |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 37: 400M FREESTYLE MEN 11+       |         |         |                                                             |         |         |         | Heat:5, starttime: 16:30 |          |
|------------------------------------------------|---------|---------|-------------------------------------------------------------|---------|---------|---------|--------------------------|----------|
| Heat: 5/5    Lane : 4    Athlete: AUSLOOS JENS |         |         |                                                             |         |         |         | Q-time: 04:09:11         |          |
| PB (25m pool): 04:05.77    Aarschot 13/03/2022 |         |         | PB (50m pool): 04:22.80SB: 04:19.29    LEUVEN    23/11/2025 |         |         |         |                          |          |
|                                                | 2 5 M   | 5 0 M   | 7 5 M                                                       | 1 0 0 M | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                             |         | no time |                                                             | no time |         | no time |                          | no time  |
|                                                | no time |         |                                                             |         |         |         |                          |          |
|                                                | .....   | .....   | .....                                                       | .....   | .....   | .....   | .....                    | .....    |
|                                                | 2 2 5 M | 2 5 0 M | 2 7 5 M                                                     | 3 0 0   | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                             |         | no time |                                                             | no time |         | no time |                          | 04:05.77 |
|                                                |         |         |                                                             |         |         |         |                          |          |
|                                                | .....   | .....   | .....                                                       | .....   | .....   | .....   | .....                    | .....    |

Coach feedback:

| Event number: 37: 400M FREESTYLE MEN 11+       |         |         |                                                            |          |         |         | Heat:5, starttime: 16:30 |          |
|------------------------------------------------|---------|---------|------------------------------------------------------------|----------|---------|---------|--------------------------|----------|
| Heat: 5/5    Lane : 6    Athlete: DE WITTE LEO |         |         |                                                            |          |         |         | Q-time: 04:16:45         |          |
| PB (25m pool): 04:16.45    Aarschot 29/03/2026 |         |         | PB (50m pool): 04:29.24SB: 04:16.45    Aarschot 29/03/2026 |          |         |         |                          |          |
|                                                | 2 5 M   | 5 0 M   | 7 5 M                                                      | 1 0 0 M  | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                             |         | no time |                                                            | 01:01.24 |         | no time |                          | 02:06.49 |
|                                                | no time |         |                                                            |          |         |         |                          |          |
|                                                | .....   | .....   | .....                                                      | .....    | .....   | .....   | .....                    | .....    |
|                                                | 2 2 5 M | 2 5 0 M | 2 7 5 M                                                    | 3 0 0    | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                             |         | no time |                                                            | no time  |         | no time |                          | 04:16.45 |
|                                                |         |         |                                                            |          |         |         |                          |          |
|                                                | .....   | .....   | .....                                                      | .....    | .....   | .....   | .....                    | .....    |

Coach feedback:

| Event number: 37: 400M FREESTYLE MEN 11+                   |         |         |         |                                                                        |         |         | Heat:5, starttime: 16:30 |          |
|------------------------------------------------------------|---------|---------|---------|------------------------------------------------------------------------|---------|---------|--------------------------|----------|
| Heat: 5/5    Lane : 7    Athlete: VETS SIEBE               |         |         |         |                                                                        |         |         | Q-time: 04:19:66         |          |
| PB (25m pool): 04:19.66    Heist-op-den-Berg    10/01/2026 |         |         |         | PB (50m pool): 04:29.24SB: 04:19.66    Heist-op-den-Berg    10/01/2026 |         |         |                          |          |
|                                                            | 2 5 M   | 5 0 M   | 7 5 M   | 1 0 0 M                                                                | 1 2 5 M | 1 5 0 M | 1 7 5 M                  | 2 0 0 M  |
| PB                                                         |         | no time |         | 01:01.76                                                               |         | no time |                          | 02:07.69 |
|                                                            | no time |         |         |                                                                        |         |         |                          |          |
|                                                            | .....   | .....   | .....   | .....                                                                  | .....   | .....   | .....                    | .....    |
|                                                            | 2 2 5 M | 2 5 0 M | 2 7 5 M | 3 0 0                                                                  | 3 2 5   | 3 5 0   | 3 7 5                    | 4 0 0 M  |
| PB                                                         |         | no time |         | no time                                                                |         | no time |                          | 04:19.66 |
|                                                            |         |         |         |                                                                        |         |         |                          |          |
|                                                            | .....   | .....   | .....   | .....                                                                  | .....   | .....   | .....                    | .....    |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 38: 4x50M FREESTYLE WOMEN 11+   |       |       |                |       |       |       | Heat:1, starttime: 16:40 |         |
|-----------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 1/2    Lane : 4    Athlete: TEAM KAZS 7 |       |       |                |       |       |       | Q-time: 02:49:86         |         |
| PB (25m pool):                                |       |       | PB (50m pool): |       | SB:   |       |                          |         |
|                                               | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                            |       |       |                |       |       |       |                          |         |
|                                               |       |       |                |       |       |       |                          |         |
|                                               | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

| Event number: 38: 4x50M FREESTYLE WOMEN 11+   |       |       |                |       |       |       | Heat:2, starttime: 16:44 |         |
|-----------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 2/2    Lane : 1    Athlete: TEAM KAZS 5 |       |       |                |       |       |       | Q-time: 02:17:66         |         |
| PB (25m pool):                                |       |       | PB (50m pool): |       |       | SB:   |                          |         |
|                                               | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                            |       |       |                |       |       |       |                          |         |
|                                               |       |       |                |       |       |       |                          |         |
|                                               | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

| Event number: 38: 4x50M FREESTYLE WOMEN 11+   |       |       |                |       |       |       | Heat:2, starttime: 16:44 |         |
|-----------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 2/2    Lane : 2    Athlete: TEAM KAZS 3 |       |       |                |       |       |       | Q-time: 02:11:87         |         |
| PB (25m pool):                                |       |       | PB (50m pool): |       |       | SB:   |                          |         |
|                                               | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                            |       |       |                |       |       |       |                          |         |
|                                               |       |       |                |       |       |       |                          |         |
|                                               | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

| Event number: 38: 4x50M FREESTYLE WOMEN 11+   |       |       |                |       |       |       | Heat:2, starttime: 16:44 |         |
|-----------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 2/2    Lane : 4    Athlete: TEAM KAZS 1 |       |       |                |       |       |       | Q-time: 01:54:43         |         |
| PB (25m pool):                                |       |       | PB (50m pool): |       | SB:   |       |                          |         |
|                                               | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                            |       |       |                |       |       |       |                          |         |
|                                               |       |       |                |       |       |       |                          |         |
|                                               | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 38: 4x50M FREESTYLE WOMEN 11+   |       |       |                |       |       |       | Heat:2, starttime: 16:44 |         |
|-----------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 2/2    Lane : 5    Athlete: TEAM KAZS 2 |       |       |                |       |       |       | Q-time: 02:01:11         |         |
| PB (25m pool):                                |       |       | PB (50m pool): |       | SB:   |       |                          |         |
|                                               | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                            |       |       |                |       |       |       |                          |         |
|                                               |       |       |                |       |       |       |                          |         |
|                                               | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

| Event number: 38: 4x50M FREESTYLE WOMEN 11+   |           |           |                |           |           |           | Heat:2, starttime: 16:44 |           |
|-----------------------------------------------|-----------|-----------|----------------|-----------|-----------|-----------|--------------------------|-----------|
| Heat: 2/2    Lane : 7    Athlete: TEAM KAZS 4 |           |           |                |           |           |           | Q-time: 02:15:60         |           |
| PB (25m pool):                                |           |           | PB (50m pool): |           |           | SB:       |                          |           |
|                                               | 2 5 M     | 5 0 M     | 7 5 M          | 1 0 0     | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                            |           |           |                |           |           |           |                          |           |
|                                               |           |           |                |           |           |           |                          |           |
|                                               | . . . . . | . . . . . | . . . . .      | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 38: 4x50M FREESTYLE WOMEN 11+   |       |       |                |       |       |       | Heat:2, starttime: 16:44 |         |
|-----------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 2/2    Lane : 8    Athlete: TEAM KAZS 6 |       |       |                |       |       |       | Q-time: 02:31:14         |         |
| PB (25m pool):                                |       |       | PB (50m pool): |       | SB:   |       |                          |         |
|                                               | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                            |       |       |                |       |       |       |                          |         |
|                                               |       |       |                |       |       |       |                          |         |
|                                               | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

| Event number: 39: 4x50M FREESTYLE MEN 11+     |           |           |                |           |           |           | Heat:1, starttime: 16:46 |           |
|-----------------------------------------------|-----------|-----------|----------------|-----------|-----------|-----------|--------------------------|-----------|
| Heat: 1/2    Lane : 3    Athlete: TEAM KAZS 2 |           |           |                |           |           |           | Q-time: 99:99:99         |           |
| PB (25m pool):                                |           |           | PB (50m pool): |           | SB:       |           |                          |           |
|                                               | 2 5 M     | 5 0 M     | 7 5 M          | 1 0 0     | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                            |           |           |                |           |           |           |                          |           |
|                                               |           |           |                |           |           |           |                          |           |
|                                               | . . . . . | . . . . . | . . . . .      | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

# VBCSM 2 6: Session: 4: COACH evaluation sheet for TEAM: KAZS

| Event number: 39: 4x50M FREESTYLE MEN 11+     |       |       |                |       |       |       | Heat:1, starttime: 16:46 |         |
|-----------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 1/2    Lane : 4    Athlete: TEAM KAZS 5 |       |       |                |       |       |       | Q-time: 99:99:99         |         |
| PB (25m pool):                                |       |       | PB (50m pool): |       | SB:   |       |                          |         |
|                                               | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                            |       |       |                |       |       |       |                          |         |
|                                               |       |       |                |       |       |       |                          |         |
|                                               | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

| Event number: 39: 4x50M FREESTYLE MEN 11+     |           |           |                |           |           |           | Heat:2, starttime: 16:50 |           |
|-----------------------------------------------|-----------|-----------|----------------|-----------|-----------|-----------|--------------------------|-----------|
| Heat: 2/2    Lane : 3    Athlete: TEAM KAZS 3 |           |           |                |           |           |           | Q-time: 01:51:77         |           |
| PB (25m pool):                                |           |           | PB (50m pool): |           |           | SB:       |                          |           |
|                                               | 2 5 M     | 5 0 M     | 7 5 M          | 1 0 0     | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                            |           |           |                |           |           |           |                          |           |
|                                               |           |           |                |           |           |           |                          |           |
|                                               | . . . . . | . . . . . | . . . . .      | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 39: 4x50M FREESTYLE MEN 11+     |       |       |                |       |       |       | Heat:2, starttime: 16:50 |         |
|-----------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 2/2    Lane : 5    Athlete: TEAM KAZS 1 |       |       |                |       |       |       | Q-time: 01:41:65         |         |
| PB (25m pool):                                |       |       | PB (50m pool): |       | SB:   |       |                          |         |
|                                               | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                            |       |       |                |       |       |       |                          |         |
|                                               |       |       |                |       |       |       |                          |         |
|                                               | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback:

| Event number: 39: 4x50M FREESTYLE MEN 11+     |       |       |                |       |       |       | Heat:2, starttime: 16:50 |         |
|-----------------------------------------------|-------|-------|----------------|-------|-------|-------|--------------------------|---------|
| Heat: 2/2    Lane : 7    Athlete: TEAM KAZS 4 |       |       |                |       |       |       | Q-time: 02:03:05         |         |
| PB (25m pool):                                |       |       | PB (50m pool): |       | SB:   |       |                          |         |
|                                               | 2 5 M | 5 0 M | 7 5 M          | 1 0 0 | 1 2 5 | 1 5 0 | 1 7 5                    | 2 0 0 M |
| PB                                            |       |       |                |       |       |       |                          |         |
|                                               |       |       |                |       |       |       |                          |         |
|                                               | ..... | ..... | .....          | ..... | ..... | ..... | .....                    | .....   |

Coach feedback: